

Tapasya

DSPPL



**Transition from Information to
Knowledge to Experience to
Wisdom (IKEW)**

A Devrukh Spiritual Prowess Pvt Ltd (DSPPL) initiative

This newsletter is specially for all students, teachers and parents. As Ajit Telang Sir used to say that the education of a student is a social triangle. Unless, teachers and parents do not form "perfect" angle, the educational triangle can never achieve the ideal "equilateral triangle" combination.



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Ajit Telang Sir
Our Inspiration!



DSPPL Events

200+ students participation in Ganesh Vandana Event at 12 Centres across India on 24th August 2025 (Sunday)

Ganpati Bappa was welcomed by 225 students across 12 centres in India during the offline 3 hour Ganesh Vandana event on 24th August 2025 (Sunday). Also, all students of 2 schools - one in Bengaluru and one in Ahmedabad took part. Students of age 5 to 15 years participated in making Ganesh Idols out of clay, chanted Atharvashirsh, heard wonderful Ganesh stories from our faculties & has sumptuous prasad after a divine Ganesh Aarti experience. Kudos to the spirit of all our faculties & volunteers to have executed an offline program of this scale so wonderfully.



DSPPL Events



Online Ganesh Program held on 28th August 2025



Part of Wave of Faith Program

Online

गणेश वंदना



Following the festival of Ganesh Chaturthi on 27th August and huge success of offline Ganesh Vandana program, an online session for beneficial to all Sadhaks who missed the offline event, was conducted on 28th August evening (Thursday) during the Wave of Faith session. 125+ participants took part. Ganesh bhajans were sung, Presentation on Spiritual and Scientific significance of Ganesh Festival was made and chanting of Atharvashirsha was done during the zoom live event.



DSPPL Events

Online Ganpati Atharvashirsh Chanting Classes held

**12th
to
21st
AUG**

*Ganpati Atharvashirsh
Online Chanting Classes*



Batch 01 - Morning Batch - 7:00 am to 7:40 am - Open for anyone

Batch 02 - Children Batch - 7:00 pm to 7:40 pm (below 15 years age)

39 participants participated in this online event held during the 10 days mentioned. Our very own sadhaks and co-authors of the Book Atharvashirsha - Mrunal Kutumbale and Yamini Lele - the Mother Daughter duo were the faculties of the program.

Online Shravana Festival held on 10th August 2025



ॐ सर्वे भवन्तु सुखिनः
सन्तु निरामयाः



23 families participated in the full day long event which saw activities like Satyanarayan Pooja, bhajan singing, online drama, quiz, session on agnihotra etc.



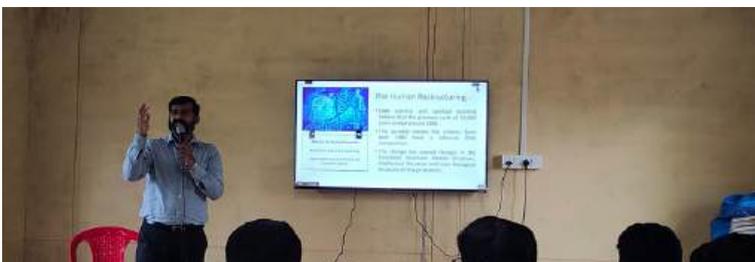
DSPPL Events

Online Guru Vandana program from 26th June to 10th July, 2025

DSPPL has organised online Guru Vandana Program from 26th June to 10th July, 2025. Gurujiji had given series of lecture on Guru Geeta. Total 408 participants registered for the event. Each lecture was replayed during this entire span of 15 days which was followed by chanting of Guru Geeta once by 15 different sadhaks. Gurujiji has given detailed explanation of Guru Geeta in his lecture which was enjoyed by all. Every relived those online moments spent with Gurujiji and were immersed in the vibrations of Guru Geeta. The new sadhaks also got know the depth of knowledge of Gurujiji and his style of explaining the contents in such a simple language with lot of love and compassion.

Session for Teachers during Shikshan Parishad at Sakharpa School = 24 July 2025

The session was conducted on 24th July 2025 at Sakharpa Girls School (Kanya Shala). It was attended by about 30 teachers. The topic for the session was "New Generation New Challenges New Opportunities". The various findings of our extensive research about New Generation was shared with the teachers so that they can perform their role in a better fashion. All teachers acknowledged the importance of the topic and appreciated the efforts made by DSPPL for past several years in spreading Awareness about socially important topic. Teachers accepted the need to get trained to manage this structural gap. Our Sadhak Charuta Khanvilkar was instrumental in arranging this session. DSPPL has now been invited for District level seminar which will be scheduled soon.



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शुक्लयजुर्वेदीय वैदिक

राष्ट्रगान...

- Yamini Kutumbale

"राष्ट्राभिवर्द्धन मंत्र" या "वैदिक राष्ट्रगान" - A Timeless Prayer for a Strong and Prosperous Nation

Jai Gurudev, during one of my studies of basic introduction to vedas I had this wonderful prayer for an ideal nation. This sharing my thoughts on it:

आ ब्रह्मन् ब्राह्मणो ब्रह्मवर्चसी जायताम्
 आ राष्ट्रे राजन्यः शूर इषव्यः अति
 व्याधी महारथो जायताम्
 दोग्ध्री धेनुर्वोढानड्वानाशुः सप्तिः
 पुरंध्रियोषा जिष्णू रथेष्ठाः सभयो
 युवाअस्य यजमानस्य वीरो जायतां
 निकामे निकामे नः पर्जन्यो वर्षतु
 फलवत्यो न ओषधयः पच्यन्ताम्
 योगक्षेमो नः कल्पताम् ॥

- शुक्ल यजुर्वेद अध्याय 22, मंत्र संख्या 22

The Yajurveda, one of India's ancient and sacred scriptures, holds powerful prayers that go far beyond rituals—they express universal values and a vision for an ideal society. One such beautiful verse is a prayer for the prosperity, strength, and well-being of a nation. Though it was composed thousands of years ago, its ideas are astonishingly forward-thinking and deeply relevant to every age—including our modern world.

The Meaning of the Prayer: Here's what the prayer says, in simple words:

“Let noble and wise Brahmins be born, full of divine knowledge.”

→ It highlights value of education & spiritual insight, encouraging a society that respects wisdom.

“Let brave warriors be born who protect the country with courage.”

→ It honors the defenders of the land, who uphold justice and peace.

“Let our people be skilled in their work—like charioteers, cowherds, and farmers.”

→ It emphasizes the dignity of labor and the importance of every role in building a nation.

“Let our women be strong, graceful, and wise, participating in society with confidence.”

→ This is a strikingly modern and progressive call for women's empowerment and equality.



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Continued...

“May our youth be heroic and full of energy.”

→ A reminder that young minds are the strength of the future.

“Let the rains come at the right time.”

→ A deep connection with nature and balance in the environment.

“May the plants bear fruits and grow well.”

→ Wishing for health, nourishment, and abundance for all.

“May we always have what we need for a good and peaceful life.”

→ A prayer for security, harmony, and well-being in every household.

🌟 Forward-Thinking Wisdom Across All Eras

Despite being composed in the Vedic age, this prayer speaks of social justice, environmental awareness, gender equality, and holistic well-being—values we still strive for today. It shows how visionary and inclusive our ancient thinkers were. Their hopes were not limited to one group or time—they dreamt of a nation where every individual thrives, where nature and humanity live in harmony, and where courage and compassion guide every action.

This timeless message continues to fit every era—whether it's ancient India, medieval kingdoms, or our 21st-century global society. True progress is rooted in values that support both inner growth and social responsibility, and this prayer captures that beautifully.

📖 Why We Must Learn Ancient Scriptures Properly

Sadly, when ancient texts like the Vedas are misinterpreted or taken out of context, they may be wrongly labeled as backward or narrow-minded. This often happens due to incomplete understanding, poor translations, or reading verses without cultural and historical context.





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*Continued...*

That's why it's so important for teachers, parents, and children to study these scriptures with care and respect.

These texts are not just religious; they are rich in philosophy, ethics, science, and psychology. If we take the time to understand them properly, we'll realize how progressive and universal their messages are.

In Conclusion

This beautiful prayer from the Yajurveda is not just a chant—it's a blueprint for a great society. It invites us to build a nation where wisdom, strength, equality, nature, and youth all flourish. Let us learn, preserve, and share these gems of ancient thought—not as relics of the past, but as living guidance for the present and the future.

Let ancient light guide our modern paths—with wisdom that never grows old

Yamini Kutumbale, Vadodara

She is a Senior Test Analyst at Civica with 6 years of experience. She specializes in software testing and quality assurance. A Computer Engineering graduate, she is passionate about delivering product excellence. Yamini's love for reading, writing, and traveling reflects her vibrant personality and dedication to growth.





Industry Inspirations

Interview with Mr. Suresh Margabandhu

Q : A Very warm welcome to Mr. Suresh Margabandhu. Kindly introduce yourself sir.

I was born in Chennai. I completed my schooling (till class 12th) in Chennai. While living in Chennai, I had the opportunity to pursue many extra-curricular activities like *learning Mridangam (Carnatic percussion instrument), participating in many sports like Kho-Kho, Volley Ball, Athletics at the School, Inter-School level, playing many outdoor games / sports like Kite, Kabaddi, Cricket, Badminton, Spinning Top, Gilli Danda etc in my neighbourhood and learning Yajur Veda for 7 years after-school.*

I completed my Bachelors in Electronics & Communications Engineering from National Institute of Technology(NIT), Bhopal and my Post Graduate Diploma in Management (PGDM/MBA) from Institute of Management Development & Research(IMDR), Pune. By God's grace and blessings from my parents & elders, I stood first in my school during my 12th Standard / HSC board exams. I also earned the Gold Medal for being first in my batch during my PGDM.





Q : It is interesting to know you had varied interests as a student from sports, music to Yajur Veda. Kindly share your professional journey with us

I have a professional working experience of 29 years till now with the first two years spent as an Engineer in the Biomedical Electronics & Telecommunications fields. The last 27 years has been in the field of Information Technology (IT) post my MBA.

My journey in IT field has been spent mostly with two companies – Ramco Systems (9 years) and Credit Suisse (17 years). I joined Ramco Systems post my MBA and here I had the opportunity to play various roles like ERP Product

Trainer, Business Analyst, Project Manager, Presales Manager and Program Manager across two countries India & Switzerland. I joined Credit Suisse at Singapore and after 4 years moved to their India / Pune office. Even at Credit Suisse, I had the opportunity to play multiple roles like Senior Project Manager, Program Manager, Portfolio Lead, Vendor Manager, Global Quality Assurance Head, India Head for multiple departments.

I have had the opportunity to lead small teams (5 members) to large teams (800 members) and lead small projects (USD 150k) to large projects / programs (USD 10 million) and large Portfolios (USD 35 million).

Q: Twenty five years ago going abroad and exploring new opportunities in Switzerland a dream country and Singapore is commendable. What is the qualification required for this occupation? Academic & experience

For the roles that I have played in the IT field, while an Engineering Degree with Computer Science / IT specialization would be ideal, qualifications like MCA, M Sc (Computer Science / IT) would also be good. In fact, over the last decade or so Engineering Graduates in other branches are also considered provided they have good IT / Software experience.

Business Analyst is a role where having an MBA would be ideal but there are many who have played this role without an MBA based on their experience. It would be good to have some professional certifications like PMP, PgMP for the Project Manager & Program Manager roles. Senior roles like India Head would require a good amount of People Management experience which can be gained through various roles throughout your career.

Q: From Electronic engineering field to Business Analyst (today a buzz word) in IT looks like you have mended yourself for a career growth What were the pain areas or challenges of your profession?

I would like to highlight three main challenges in the IT field.

- **Cross Cultural Awareness:** As most of the IT work being done from India are for clients





outside India, we are dealing with people who come from other cultures like USA, UK, Australia & Europe. This can also include challenges related to language when it comes to countries within Europe like Germany or France. Many companies offer courses on this topic to their employees to address this concern. If you get an opportunity to work in some of these countries as part of short-term or long-term assignments you can learn about those cultures directly.

- **Tight Deadlines:** In their effort to gain a new customer or to retain an existing customer, sales teams commit to unrealistic deadlines for project completion. Due to the inherent nature of inability to accurately estimate the software development efforts, underestimation of efforts leads to commitment of deadlines which later become difficult to meet. Sometimes deadlines become

tight due to non-availability of team members with the right skillset for the projects. While there is no magic bullet to solve this problem, early engagement with the sales teams, leveraging experience / lessons learnt from similar projects in the past and early planning for resourcing the team can help in addressing this challenge to a large extent.

- **Continuous Learning Mindset:** As the software industry continuously innovates with new technologies every year or two, if you are in the IT field one needs to continuously learn. Learning can never stop if you are part of the IT field.

Q: You have excelled in your career path by being open to learning to interact with cross country, being committed, sincere and ready to learn new technologies in those era of IT world. What can you say were the turning points and the learning times and inspiring times of your journey so far?

Turning Points:

When I joined Ramco Systems, most of my MBA batchmates joined the ERP development teams. However, I was asked to join the Telecom division due to my experience in Telecom prior to my MBA. With a lot of difficulty & persuasion, I managed to stay in the ERP division but I was assigned to join the ERP Training team. I used this as an opportunity to learn more ERP modules and since the trainings which we conducted got over by 6 PM, I joined an evening class to learn German. One year after I joined the Training team, Swiss Desk (a team which supports our Swiss Customers) was looking for a Business Analyst with knowledge of multiple ERP modules. My MBA batch mates who joined the development team had knowledge of just 1 ERP module while I had knowledge of 8 ERP modules. Additionally, I had basic German knowledge the language spoken by majority of the people in Switzerland. So, I got the opportunity to join Swiss Desk and within one year of joining this team, I got an opportunity to go and work in Switzerland





for a big client (Swatch). This was a turning point in my career as I ended up working in Switzerland for 7 years. This reminded about what my father always used to say when things did not work out as per my expectations. His words were “Everything is for good”.

Learning Times:

After spending more than 2.5 years in the Swatch project when I wanted a different role, my Country Manager offered me to take over as the Head of Presales for Ramco Switzerland. Although I had no experience in Presales, I took this opportunity and I learnt a lot about client presentations & demos and responding to RFPs.

All the major projects / programs that I managed (ERP Implementation for Swatch, Healthcare Product Development

& Implementation for Triamun (Swiss customer) & Core Banking System (T24) Upgrade for Asia Pacific at Credit Suisse) helped me learn and become better with respect to project planning, risk assessment and mitigation, managing issues, managing end users and senior stakeholders and managing budget.

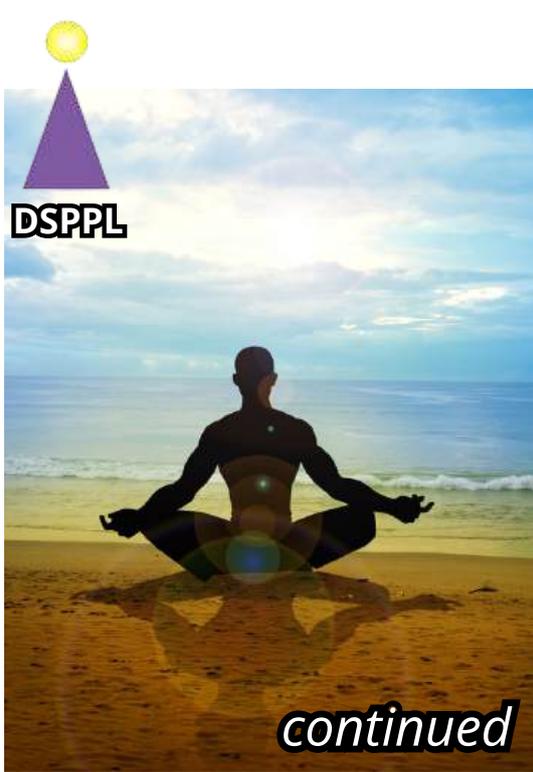
Throughout my career, whenever I had bandwidth / capacity to take on more responsibility, I volunteered to take on more. Fortunately, I always got some additional responsibilities over & above my primary role. This helped me to expand my learning into new areas and in some cases gave me the opportunity to take on some new roles which I might not have got if I had just stuck to my primary role.

Inspiring Times:

One of my roles with Credit Suisse India was that of being the India Head of Product Control Technology. My mandate was to transform this 160 member team from a predominantly vendor model (10 Credit Suisse employees & 150 vendor staff) to a predominantly Captive Model (80 Credit Suisse employees & 80 vendor staff). While doing this, I had to get the Ownership & Accountability for 10 Applications from various Onsite locations like London, New York and Singapore into India. I created a roadmap to achieve this working with my leadership in India and my counterparts across the globe and gradually over 3 years I was successful in delivering my mandate despite many challenges during the journey. This was a great success story for Finance Technology in India and I could play a key role in the promotion of many of key leaders / team members who were part of this journey.

Q: Varied experience from Swatch to International Banking with a spirit to expand your knowledge and enthusiastically ready to take extended responsibility is a learning opportunity for all of us. Do you pursue spiritual practices? How spiritual practices helped in career?





I have been attracted to spirituality from a young age. I remember reading a book from Ramakrishna Mission when I was in my 6th class. I used to participate in the chanting of Sri Vishnu Sahasranama during my 10th class. I had the opportunity to read many books based on the lectures of Sri Sathy Sai Baba when I was in my 1st year of Engineering. I have been blessed to read books by / related to Swami Sivananda (Rishikesh), Ramakrishna Paramahansa, Pandit Shriram Sharma Acharya (Founder of Gayatri Pariwar, Haridwar), Shree Gajanan Maharaj (Shivapuri, Akkalkot), Paramahansa Yogananda (Yogoda Satsang Society, Ranchi) & Shankaracharya Sri Chandrasekarendra Saraswati (68th Acharya of Moolamnaya Peetam at Kanchipuram).

I learnt Reiki through RVN in 2001. As I was not practising regularly, I attended a refresher / First degree seminar in Pune in 2011/12. I practised regularly for some time before attending a Second degree seminar in Bangalore a few years later. I have used Reiki for self-healing as well as healing others since then. I learnt Kriya Yoga Meditation in 2015/2016 through YSS , Ranchi and I have practised it regularly till a few years back.

Since Covid, I started doing Sandhya Vandan which includes chanting Gayatri Mantra. I have tried to be regular with this at least 2 / 3 times a day.

I believe that the spiritual practices that I have followed including the books that I have read have helped me stay calm / focused despite having challenges at work. Sometimes, I have felt that I get the right direction for work / personal challenges.

While the spiritual practices mentioned above helped me evolve as a person during my adult life, the foundation for my values was laid at home during my early years at home. I have learnt the values of helping those in need irrespective caste or religion, making even distant relatives feel welcome at home, respecting relationships during good as well as bad times irrespective of their financial status and empowering & encouraging us to take our decisions / paths in life even when it was not in alignment with their advice. While all these values have influenced my life so far and will continue to do so for the rest of my life, one example of the impact is me helping many students from underprivileged backgrounds for their education.





Industry Inspirations

Interview with Mr. Chandra Mohan Sharma

Q : A Very warm welcome to Mr. Chandra Mohan Sharma. Kindly introduce yourself sir.

My name is Chandra Mohan Sharma. I joined the Indian Forest Service (IFS) in the 1984 batch and was allotted the Assam-Meghalaya cadre. Over the course of my career, I have served in various capacities in forest conservation, wildlife management, policy implementation, and environmental governance. My work spanned ecologically sensitive zones, tribal areas, national parks.

Q: Share your professional journey with us

When I joined the IFS, it was more than a career – it was a calling. I started my journey deep in the forests of Assam-Meghalaya, working on community forestry and wildlife protection. Over the decades, I served in field as Divisional Forest Officer (DFO), Chief Conservator of Forests, and also took charge of eco-development projects at policy level during my stint as Addl. Principal Chief Conservator of Forests and Principal Chief Conservator of Forests. My role evolved from ground-level enforcement and conservation to high-level strategy.





and policy making. Along the way, I contributed to forest-based livelihood programs, conflict resolution between forest dwellers and authorities, and capacity-building of forest staff. Some of the most fulfilling moments came from working closely with tribal communities who are natural custodians of our ecosystems.

Q. What is the qualification required for this occupation?

Academic and experience

To enter the IFS, one must qualify the Indian Forest Service Examination conducted by UPSC. The basic educational requirement is a Bachelor's degree in Science—preferably in subjects like Botany, Zoology, Chemistry, Physics, Forestry, Agriculture, Mathematics, Geology or Environmental Science or a Bachelor's in Engineering.

After selection, officers undergo rigorous training at the Indira Gandhi National Forest Academy IGNA in Dehradun, which includes fieldwork, academics, law, policy, and physical conditioning. Experience in landscape management, ecology, biodiversity or even community service can be highly beneficial.

Q. What were the pain areas or challenges of your profession

The biggest challenge was balancing development and conservation. We often faced political pressure, local resistance, or administrative hurdles when enforcing forest laws.

Other pain areas include: Lack of participation from people Human-wildlife conflict ; Illegal logging and poaching ; Lack of manpower and resources in remote areas Climate change impacts Sometimes, personal sacrifices, long postings in remote regions meant staying away from family.

Q. What were the turning points, learning moments, and inspiring times of your journey so far?

My posting as DFO early in my career exposed me to real-world conservation challenges. I have also worked on afforestation projects in Assam-Meghalaya and helped in development and spread of medicinal plants species. Later on as senior forest officer worked with different stakeholders and handling different challenges also contributed to policy framing and implementation.

6. Do you pursue spiritual practices? How have they helped in your career?

Yes, I have been a regular practitioner of meditation and yoga. Spiritual practices helped me in the cultivation of mental clarity and emotional resilience, which are essential in a job full of uncertainties.

Built compassion vital for working with both people and nature. It has helped me manage stress during conflicts, it enabled me to detach from ego, and stay focused on the larger purpose of service. At last all I can say is "In the forest, where silence and solitude are abundant, spiritual grounding becomes a natural ally".



Uncanny Nexus - A journey beyond

Volume 01: The Awakening of Seekers

DSPPL

2. The Serendipity

- Dip. SAC Ashwini Telang, Clinical Psychologist & Director, DSPPL

At University of Soka, a competition for knowledge is about to change the fate of those who seek it. What begins as a scholarly pursuit soon takes an unpredictable turn, leading the seekers beyond textbooks and theories into something far greater—an unravelling of ancient forces hidden in time.

When an artifact of unknown origin is discovered, subtle synchronicities begin to emerge, guiding the researchers toward a mystery buried deep in the past. Their rivalry fuels their quest, pushing them to uncover forgotten wisdom, but the more they dig, the stranger the events become.

As their journey unfolds, they encounter hidden temples, fragmented truths, and cosmic connections that defy all logic. But something beyond human comprehension has already been set into motion. The air shifts, destinies converge, and an unseen force whispers a warning:

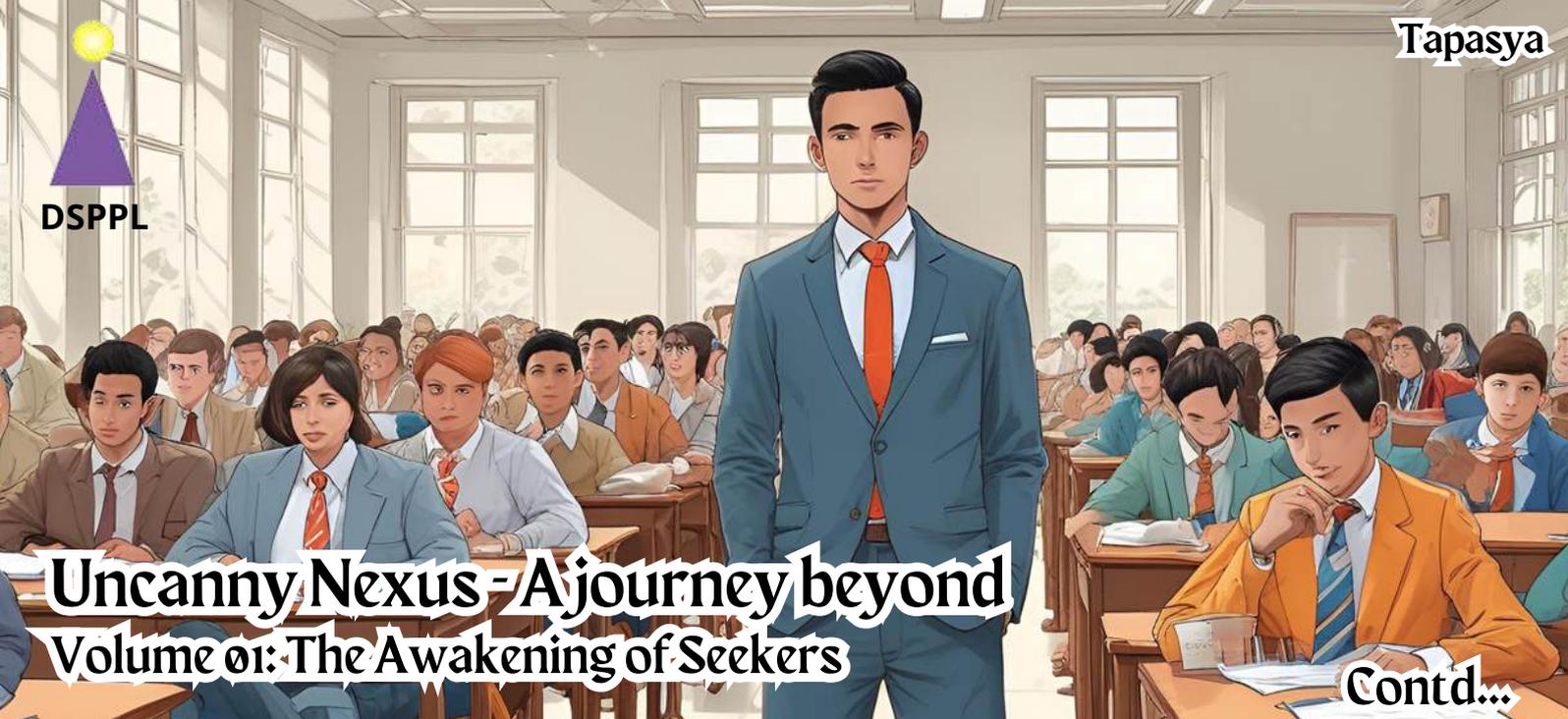
Have they stumbled upon mere knowledge, or awakened something far greater?

The first volume of Uncanny Nexus lays the foundation for a mystery that transcends time itself. But this is only the beginning.

The Serendipity

Soon the class was filled with students and the professor entered. Right behind him, Jigyasa and Aniya entered. The professor then pointed out two seats that were empty where Rutva and Avenlee were seated. As Avenlee saw both of them approaching her, she felt as if she had known them for ages. Jigyasa, with a smiling face, politely asked Avenlee, “Can we join you?”





Uncanny Nexus - A journey beyond Volume 01: The Awakening of Seekers

Contd...

Before Avenlee could answer, Rutva nodded in affirmation and said, “Of course, you are always welcome to join us. By the way, I’m Rutva.”

Jigyasa sat beside Avenlee, while introducing herself, “Hi Rutva. I am Jigyasa.”

Aniya, who was sitting next to her, said, “Hi, I’m Aniya. Nice to meet you, Rutva.”

Avenlee then introduced herself to Aniya and Jigyasa. During this time, the professor had already begun with the attendance. He called out the name, “Aniya Hope?”

Aniya hurriedly raised her hand and marked her presence. The professor then called out “Anstrich Entweihen?” and several other names who marked their presence as well. He then called out, “Avenlee Strong?”

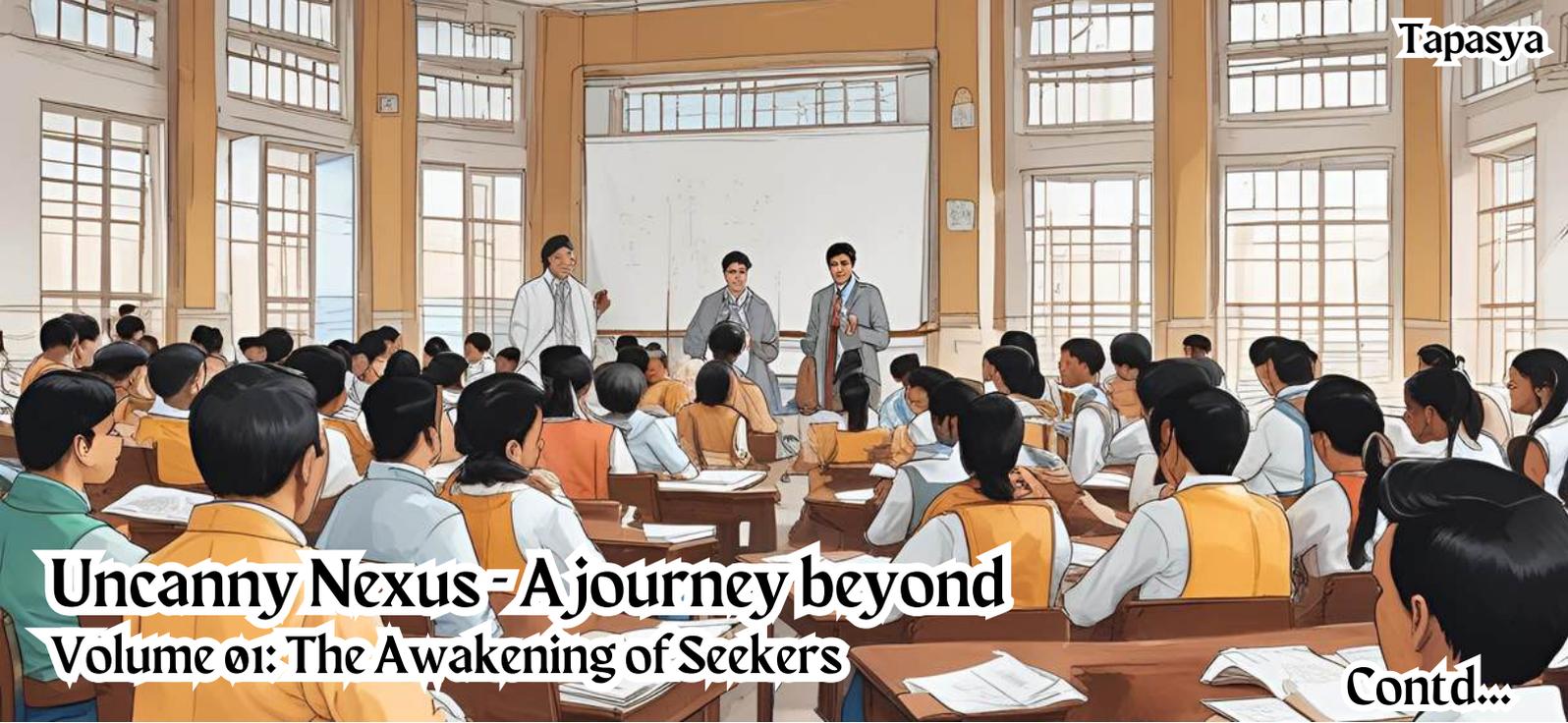
“Yes, Sir,” mentioned Avenlee. As the attendance was almost over, he asked whether there were students whose names were not on the list. Yug, Ved, and two other students stood up stating, “Sir, we were not listed it seems.”

The professor inquired what their names were and then said, “Ah! Yes, since we’ve arranged it alphabetically it seems your names are yet to be called out. Okay then, let’s continue.” The professor then said, “Tairitsu Watanabe, Ved Gupta, Yuki Shinrai, and Yug Suvarna, I’ve marked you present, okay?”

The professor then began his lecture, “Today, we will start with Sahityashastra (Literature). The first significant text in Indian literature is the Natyashastra by Bharat Muni. This text introduces the concept of Rasa Siddhanta, the theory of emotions and aesthetics in Sanskrit literature.”

As the professor spoke, Aniya diligently took notes. He continued, “Following Bharat Muni, scholars like Bhamaha, Dandi, and Vaman made significant contributions. Bhamaha’s work, Kavyalankar, discusses Alankaras (figures of speech), Doshas (flaws), and Gunas (qualities) in six chapters. In the seventh century, Dandi wrote Kavyadarsh, which elaborates on Kavyalankar.”





Uncanny Nexus - A journey beyond Volume 01: The Awakening of Seekers

Contd...

The professor noticed the students' keen interest and added, "Dandi also classified Riti Prakars into Vaidarbhi and Gaudi, and Kavyaprakars into Gaddya Kavya (prose) and Padya Kavya (poetry). He identified types of alankaras as Shabdalanekaras (sound-based) and Arthalanekaras (meaning-based). In the ninth century, the text Kavyalanekarasutravrutti further analysed poetry from various perspectives."

He paused to let the information sink in, then continued, "We will explore different dimensions of literature such as (त्रिविधा शब्द शक्ती) Trividha Shabda shakti, threefold power of words; (शब्दगुण) Shabdagunas, qualities of words; (अर्थगुण) Arthagunas, qualities of meaning; Shabdalanekaras (शब्दालंकार); and Arthalanekaras (अर्थालंकार)."

To make the lectures more interactive, Professor Kobayashi decided to divide the students into groups. "Aniya Hope, Avenlee Strong, Daiki Kaku, Dhairya Sharma, Haruka Kogochi, Hiroshi Kenshin, Hyeon Ahn, Jigyasa Parekh, Karunashankar, Rutva Vyas, Ved Gupta, Yuki Shinrai, and Yug Suvarna — all of you are in one group," he announced. "And Aidan Darrah, Anstrich Entweihen, Ari Goldstein, Asanyeo Seok, Dhvani Upakkama, Konrad Holzfälle, Kouji Yamamoto, Kouki Yamamoto, Li Tǔ Wūrǎn, Maya Shira, Rahul Pasha, Tairitsu Watanabe and Yokkyū Kurutta — you are in the second one."

As the professor finished dividing the groups, the students exchanged glances, a mix of curiosity and anticipation filling the room. Avenlee who was keen in understanding more about what the professor just explained, raised her hand and asked, "Professor, could you please explain Trividha Shabda shakti?"

The professor smiled, appreciating her curiosity. "Of course, Avenlee. Trividha Shabda shakti (त्रिविधा शब्द शक्ती) refers to the threefold power of words in Sanskrit literature. These are:

Abhidha (अभिध): This is the primary or literal meaning of a word. It is the direct and straightforward meaning that comes to mind when a word is heard or read.



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Contd...

Lakshana (लक्षण): This is the secondary or implied meaning. It comes into play when the primary meaning is not applicable or sufficient.

For example, if someone says, 'The village is on the Ganges,' it implies that the village is on the bank of the Ganges, not literally on the water.

Vyanjana (व्यंजन): This is the suggestive meaning. It goes beyond the literal and implied meanings to convey deeper, often more nuanced or poetic, interpretations. It is used extensively in poetry and literature to evoke emotions and imagery.

These three powers of words allow for rich and layered communication, making Sanskrit literature particularly expressive and profound."

Avenlee nodded, jotting down notes, clearly fascinated by the depth of the explanation. The professor continued, "Understanding these concepts is crucial for appreciating the beauty and complexity of Sanskrit texts. Any other questions?"

The class seemed more engaged, and a few more hands went up, eager to delve deeper into the subject.

Before leaving them for recess, the professor gave the students their first assignment. "I want each group to come up with a name in Sanskrit and choose a leader for the week. This will help you bond and work together more effectively."

During recess, Daiki, Dhairya, Jigyasa, Aniya, Haruka, Avenlee, Rutva, Hiroshi, Karunashankar, Hyeon, Ved, Yuki, and Yug sat down to discuss their group's name while munching on their snacks.

They came up with three names: Viniti, Parivartan and Anant (विनिती, परिवर्तन, अनंत). Each had a different meaning in Sanskrit. विनिती (Viniti) meant novelty or originality, परिवर्तन (Parivartan) meant driving change or initiating new perspectives, and अनंत (Anant) meant unbound or infinite.





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Contd...

Haruka suggested, "Let's each vote for one of these names. We'll keep the name that gets the majority of votes. What do you think?" Everyone agreed and started writing on pieces of paper at the same time. Without much conscious discussion, they wrote the name on the paper and handed it over to Haruka after folding it.

TO BE CONTINUED...



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Science of Learning Part 20

- ca pranjal joshi

Reconsider Learning Patterns to improve the result!

Shruti, a dedicated Chartered Accountancy (CA) aspirant, has been appearing for her exams repeatedly but without success. Despite hard work and long hours, she faces disappointment and rising anxiety. Her mentor, Saket Sir notices the strain and steps in with a new perspective “Shruti, possibly, the syllabus is not the challenge. It’s the way you’ve learned to learn. Do you know? Our learning patterns affect our performance more than we realize.”

Shruti was looking confused. Saket Sir smiled and said, let me tell you one story.

Once there was a woodcutter who worked tirelessly in the forest. On his first day, he cut down 15 trees. Encouraged, he pushed himself harder the next day—but only managed 10. Day after day, no matter how early he started or how late he worked, the number kept dropping.

Frustrated and exhausted, he finally gave up and walked away from the job.

On his way home, he met a saint resting under a tree. Seeing the woodcutter’s frustration, the saint asked, “Why do you look so defeated, my son?”

The woodcutter sighed, “No matter how hard I tried, my performance kept getting worse. I couldn’t keep up.”

The saint smiled gently and asked, **“When was the last time you sharpened your axe?”**

Shruti started gaining what Saket Sir was trying to point out. Saket Sir continued “Shruti, please note, Hard work is important, but without reflection and the right methods, efforts alone aren’t enough. Sometimes, we need to step back and sharpen the axe - our mindset, strategies and learning patterns before pushing forward again.



"Learning patterns" refer to the habits, strategies, and mental approaches we consistently use when trying to learn something. The conscious techniques we use like note-taking or revising are actually results of the unconscious tendencies. The mind becomes habitual to a particular learning pattern. But if it is not leading to the desired results, we need to review those patterns and make a change if required.

Let's understand how we can go about it –

1. **Get aligned with natural style** – if you are not able to grasp merely by reading and writing, shift to flowcharts, colour codes, short notes, pointers, small revision notes, key word boxes etc. This may dramatically improve the subject understanding with the same level of efforts. Study material may be the same but with different tools, it may bring more clarity which was missing earlier.
2. **Overcome the false “I Know” trap (avoid over confidence)** – Since you have already appeared for the exam but unsuccessfully, it is very difficult to start study again for the same subject. The biggest obstacle in this process is our “I know” pattern. Whenever you start reading the same topic or concept or chapter all over again, your mind searches it in the subconscious mind and starts sending signals to the intellect that you already knew it. Please do remember that knowing is one aspect and becoming proficient in that concept or chapter is a different level altogether. Tell your mind, that had you been “knowing” it the result would not be unsatisfactory. You have to win over the mind first before you actually master that concept or subject.
3. **Stay away from Negative Thoughts** – If “I know” approach is bad as it indicates over confidence, also avoid thoughts like “I am good for nothing”. This is another extreme. We become what we think. The famous cellular biologist states that our beliefs have a direct impact on all our actions and even the life situations. Accordingly to his extensive research spread over 2 decades, we even invite diseases with our thoughts and similarly we can get out of it, if we pay attention to them in a positive and holistic manner.
4. **Test yourself more frequently** – Do remember to test you after a short span of time. This is the most crucial step specifically when you are appearing for the same exam again. This helps to mark your performance, build the confidence or flags the red signals that you are still not up to



..continued



the mark. Test yourself under exam conditions, get it assessed if possible by teachers, or external agencies, make improvements in study notes and study patterns again and then move ahead.

5. Learn from those who have succeeded – it is very difficult to talk to a friend who has passed the exam when you have failed in it. But do remember that your comparison or race was never with your friend and it will not be the case even in the future. Everyone is moving at his / her own pace, each of us has different starting points and the destinations. So do overcome these emotional barriers, accept your own life situation, see everyone as your supporter in this journey and approach your friends with genuine curiosity and willingness to know – *How did they study? Which Books helped? What strategies worked in revision and exam hall?*

This will give you different angles and strategies towards the same subject and the syllabus. They may come up with the different text books which are more suitable for your style or way of revision or exam approach for solving a particular question. Review all these suggestions, do not accept or implement it as it is. But surely they will give you a good head start.

Everyone has a hidden potential. There is no one on this planet who is worthless. But yes, there are many who are yet to discover their potential, the gift from the God, the maker of this wonderful universe. He has blessed all of us with unique skills, and our effort is to only discover that. It's not about how many times you fail, but how you reflect, refine, and rise. In spiritual terms, this journey is Sadhana, a disciplined path to uncover your gift. Nature never holds back your rewards. It always returns them, often in greater measure.

Keep faith, keep refining your method, reconsider learning patterns and keep showing up. The results will follow.

CA Pranjal Joshi, Pune

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***Our Attitude
decides our
Altitude
“Honesty pays
in long run”***

- Krupa Choksi

Honesty is one of the biggest virtue but most of the people in this world believe that if we remain honest, we will not be able to live in this world. People think we need to be smart to earn money and become successful. In today's world, people also think that when everyone is dishonest, an honest person always suffers and will not succeed in life. Many people think being good and honest will be our weakness and people will take advantage of it. But honest always pays in long run. Grace of God descends to honest people. We should keep our values intact no matter what happens in our life. During testing times, we should never give up and embrace something against our value system. It will make us restless and eventually our conscious will bite all the time.

Recently I came across a story which was published in Dawn, Young World magazine in October 2017. Once in a small town, there lived two friends Suryakant and Chandrakant. By profession, both of them were shop owners, Chandrakant owned a grocery shop while Suryakant had a milk shop. Chandrakant became rich in no time. He was smart so he used his smartness in deceiving people by being dishonest. Suryakant was intelligent and smart, but he was not dishonest, therefore he struggled.

Chandrakant cheated on his customers in many ways, for instance, he used to mix sand in each bag of flour. Similarly, he did many other things in other grocery items. According to Chandrakant, no one can lead a good life without being dishonest.

On the other hand, Suryakant believed in living an honest life. He couldn't even dream of cheating anyone, even if that meant he would remain poor all his life. Suryakant used to believe that honesty gives you respect. Sometimes his family only ate once a day.



Our Attitude decides our Altitude

“Honesty pays in long run”

Continued...

Both friends often argued on the topic of ‘to be honest or to be dishonest,’ which usually ended on Chandrakant mocking Suryakant and then walking away.

One day, a rich man came to Suryakant’s shop and said, “I want four gallons of milk, but add two gallons of water in it. I am throwing a big party in my house and I want to serve the guests with milk.”

Suryakant, who was reading a newspaper, put it aside and said, “Wait a minute, won’t it be cheating your guests?”

The rich man, with a confused expression replied, “So, does it bother you?”

“All I am saying is that won’t it be wrong to serve your guests with milk diluted by water?” Suryakant explained.

The rich man, who was now becoming annoyed, said that he couldn’t waste his money on guests by serving them pure milk, all he wanted was that he should be remembered as a man who served his guests with an expensive and healthy beverage.

“By the way, who else is not dishonest in our society?” said the annoyed rich man.

“Well, sir, at least my conscious is free of any guilt!

I would advise you to serve your guests with water instead of milk, at least you won’t lie,” Suryakant advised.

The owner looked at Suryakant in confusion and turned away thoughtfully.



Honesty
is the best
policy

Our Attitude decides our Altitude
“Honesty pays in long run”

Continued...

After sometime, the rich man sighed and said, “I am really impressed with your honesty! I want to offer you the job of a supervisor in my factory. I know with a person of such high morals, my factory will prosper,” said the rich man.

Suryakant accepted the offer and from that day onwards, he started living a good life and his belief in honesty became more firm.

A few days later, Chandrakant’s shop caught fire, everything earned dishonestly was destroyed. Since our childhood we are taught that we should always remain honest in life as honesty pays back in long run. An honest person can have a good night sleep as his conscious would be clean. He will be happy all the time and will a harmonious life. Never give up your honesty in life!

Krupa Choksi, Rajkot

Technical Content Head & Chief Faculty, CS & MBA Marketing, CEO of Synergetic Business Research ; Reiki master & Trainer (India & Abroad)
Authored books like Holistic Parenting & Personality Development for modern Youth, jointly with Ms. Ashwini Telang





Thought for the Month Rakshabandhan: Its relevance in 2025 - Viivek A Pandey

Dear Students of DSPPL

And my young friends,

Rakshabandhan: Its relevance in 2025

The bond between a brother and a sister is indeed a special one. The festival of Rakshabandhan celebrates this special relationship among siblings born to the same parents and having opposite genders. Back in the 20th century, this festival had a completely different meaning. The society was male-dominated, and the sisters had to be protected by the brothers at all times. We are living in 2025, and the times have shifted towards the feminine gender. Women can work and earn as much as men. With the advent of technology and the internet, the capabilities of working from home have led women to lead on many fronts. The CCTV cameras and overall awareness among people can assure safety to any gender in the current times. In order to understand this festival, assuring protection to Sister in 2025, let us hear a conversation between Rohan and Kritika, who just celebrated Rakshabandhan on the 9th of August, 2025.

Characters:

Rohan: 21-year-old elder brother.

Kritika: 16-year-old sister of Rohan.

(Scene unfolds at a home in the Urban city of Indore)

Kritika: Bhaiya, why do we celebrate Rakshabandhan?

Rohan: Choti! India is a land of festivals. We have one to celebrate each season, relation, color, and light. This particular festival is dedicated to the special bond between a brother and a sister.

Kritika: Okay Bhaiya! But why only the brother offering a promise of protection to her sister? Why not the other way round?





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Rohan: Kritika... this festival and the tradition started 100's of years back. During the olden times, society was governed by physical strength. The males dominated the warfare, and the females had to be protected from the invaders. Hence, the brothers promised their sisters to ensure their security as long as they were alive.

Kritika: Got your point, Bhaiya! I understand the celebration of love between siblings. But why did society not understand that girls have been protecting their brothers since time immemorial?

Rohan: How? Please elaborate.

Kritika: We render an aura that prevents violence and spreads love most of the time. We encompass the masculine energy and pave the way so that they can showcase their physical strength. We in so many ways soothe the souls of men around and create a congenial environment for the growth of men around.

Rohan: Point taken, Kritika! However, in extreme situations when brute force results in crimes of all sorts, the role of a man can never be underestimated. I am neither for males nor against the feminine. It's just that we both have a specific role as per nature that needs to be understood by understanding nature itself.

Kritika: Okay, but why are girls regarded as a weaker gender in general?

Rohand: Only physically, Kritika! Women are much stronger both intellectually and emotionally. Women absorb and attract naturally. They don't need to chase. Their tasks are accomplished just by their presence. Men need to toil around.

Kritika: Interesting, Bhaiya! Need to dig a lot more into these intricacies about masculine and feminine traits.





Thought for the Month

Siblings and quarrellings

- Viivek A Pandey

*We were born together in one family,
And we are called Siblings.*

*We quarrel around jovially,
without any reason fulfilling.*

*Sometimes it is the light, sometimes the phone,
Only the family traits, no scientist made a clone.
To the parents, we neither care nor do we shy,
Piercing the ears, the volumes perpetually high.*

*He is your brother says the mother,
A year or two elder to me she says.
We hated one another,
And I keep counting the ugly days.*

*One day he came to my school when I didn't get a prize,
He patted me on my back to my surprise.
If your friend has won, how can you lose,
The way you feel is up to you to choose.*

*That was the day I realized,
He was both elder to me and right.
The quarrels can't go on forever,
He holds my hand I need whenever.*



Viivek A Pandey, Vadodara

Viivek A Pandey is an educator and an author. He has been actively involved with most philanthropic activities initiated by Ajit Sir Guruji. Over the years he has contributed many articles and poems. He envisions to see the world walking towards the path of enlightenment.



Finance Lesson of the Month

The Camel and the Tent: A Lesson in Financial Boundaries

- CA Amit Dhadphale



Did you know that some stories can teach us about money? Continuing with our series on financial literacy for children, we bring you another article that gives a financial twist to a classic bedtime story. We aim to introduce financial concepts to children through simple language and practical examples. We hope you enjoy reading this section.

The Camel and the Tent

Once upon a time, in a desert far away, a merchant was traveling with his camel. At night, he pitched his tent and settled in to sleep. The camel, standing outside in the cold wind, politely asked, “May I put just my nose inside the tent? It’s freezing out here.”

The merchant, feeling sorry for the camel, agreed.

A little while later, the camel asked, “May I put my head inside? Just my head—it’s very cold.”

Again, the merchant agreed.

Then came the neck, then the front legs, and finally, the whole camel squeezed into the tent—pushing the merchant out into the cold desert night.

What Can We Learn About Money from This Story?

This story may sound funny, but it teaches us something very important about financial boundaries. Just like the camel slowly took over the tent, small expenses or habits can slowly take over our savings if we’re not careful.





Finance Lesson of the Month

The Camel and the Tent: A Lesson in Financial Boundaries

Tapasya

continued...

 Financial Learnings and How to Use Them

1. Small Expenses Can Grow Big

The camel didn't rush in all at once. It started with just the nose. That's how small expenses work too. Buying a candy today, a toy tomorrow, and a game next week—before you know it, your pocket money is gone!

Try This!

- Keep a small notebook or chart to track your spending.
- At the end of the week, look at what you spent and ask: "Did I really need all of this?"

2. Set Clear Boundaries

The merchant didn't say "no" because he felt bad. But sometimes, saying "no" is important—especially when it comes to money. If you don't set limits, your savings can disappear just like the merchant's space in the tent.

Try This!

- Create a rule for your spending: "I will only spend 30% of my pocket money each week."
- Stick to it, even if something tempting comes along.

3. Watch Out for Lifestyle Inflation

As we grow older or get more money, we often start spending more—just because we can. That's called lifestyle inflation. It's like letting the camel's head in because you got a bigger tent.

Try This!

- When you get extra money (like birthday gifts), don't spend it all.
- Save at least half in a "future jar" for something big and meaningful.

4. Be Mindful of Subscriptions and Repeating Costs

Some expenses come back every month—like subscriptions to games or apps. These are like the camel's legs—they take up space slowly but surely.

Try This!

- Review your subscriptions with your parents.
- Ask: "Do I still use this?" If not, cancel it and save that money.

5. Don't Let Wants Push Out Needs

The merchant needed the tent to sleep. But he let the camel's wants push him out. In money terms, sometimes we spend on things we want and forget what we need.



Try This!

- Make two lists: “Needs” and “Wants.”
- Before buying anything, check which list it belongs to.

6. Say “No” Politely but Firmly

It’s okay to say “no” to spending—just like the merchant should have. You can be kind and still protect your money.

Try This!

- Practice saying: “I’d love to buy this, but I’m saving for something important.”
- You’ll feel proud of your decision later!

How to Build Your Financial Tent

Let’s build a strong financial tent that no camel can push us out of!

The Three Jar System

- Spend Jar – For small treats and fun.
- Save Jar – For big goals like a bicycle or a video game.
- Share Jar – To help others or give gifts.

17 Weekly Check-In

- What you spent.
- What you saved.
- What you want to buy next.

Points to Ponder

- Have you ever let a small expense grow into a big one?
- Can you think of a time when you bought something you didn’t really need?
- What’s one thing you can do this week to protect your financial tent?

Conclusion

In the story of The Camel and the Tent, we learn how small things can grow big if we don’t set boundaries. The same is true with money. If we’re not careful, little expenses can push out our savings and leave us in the cold.





But by being smart, setting limits, and thinking ahead, we can build a strong financial tent that keeps us safe and cozy—just like the merchant should have!

So, the next time you're about to spend money, ask yourself: "Is this the camel's nose?" If it is, think twice!

Happy Reading, Happy Learning!

CA Amit Dhadphale

PS:

1. Views are personal!
2. My co-author, Ishan Shaligram, won't be able to contribute going forward due to personal reasons: will miss him and his contributions.



CA Amit Dhadphale, Pune

CA Amit Dhadphale is an experienced professional and works with one of the Big 4 accounting firms in India



कथाये विनायक की... - Part 7

प्रथम पूज्य गणेश

- *Mrunal*
& *Yamini*
Kutumbale

वेदव्यासजी के वेदोंको अलग करने के बाद ये कथा आरंभ होती है। श्री वेदव्यास जी ने वेद के विभाग करने के बाद पुराण की रचना आरम्भ की। पर श्री वेदव्यासजी अपनी पुराण रचना के आरम्भ में भगवान् गणेश की वंदना करना भूल गए। फलस्वरूप उनकी स्मरणशक्ति क्षीण होने लगी। वे छोटी छोटी बातें भुलने लगे। वो बातें याद करने लगते तो याद नहीं आती थी। एक दिन निराश होकर वे ब्रह्माजी के पास गए। उनको वंदन कर बोले, " हे ब्रह्मन् , मैंने वेदों के विभाग किये। उसके बाद पुराणों की रचना आरम्भ की, पर मुझे बड़ा आश्चर्य हो रहा है की मुझे लिखने के लिए कुछ सूझता ही नहीं है। मेरा ज्ञान नष्ट होने का क्या कारण है ये बतानेकी कृपा करे प्रभु। "

ब्रह्माजी ने ध्यान लगाकर देख लिया और व्यासजी को बोले , " व्यास, तुमने अपनी विद्या के गर्व में भगवान् गणेश को भुला दिया। पुराण रचना के आरम्भ में आदिदेव की वंदना और मंगलाचरण भी नहीं किया। इसलिए तुम्हें अपने ज्ञान की विस्मृति हुई है। अब तुम भगवान् गणेश को प्रसन्न करो। "

व्यास जी को अपनी भूल का पता चल गया लेकिन उनको गणेशजी के बारे में कुछ भी याद नहीं आ रहा था। वो विनम्रता के साथ ब्रह्माजी से बोले , " प्रभो, मुझे गणेशजी के बारे में कुछ भी याद नहीं। आप उनके बारे में बताने की कृपा करे। वे कौन है ? उनका स्वरूप कैसा है ? उनके चरित्र की विशेषता क्या है ?

तब ब्रह्माजी ने गणेशजी के स्वरूप का वर्णन करना प्रारम्भ किया। " गणेशजी तो परात्पर ब्रह्म है। उनके दर्शन मात्र से अनेक विघ्न नष्ट हो जाते हैं। सृष्टि की रचना करते वक्त मुझसे भी एक गलती हो गई तब मैंने श्री गणेश की आराधना की। "

व्यासजी सब जानने के लिए उत्सुक थे , उन्होंने ब्रह्माजी से पूछ ही लिया। तब ब्रह्माजी ने बताना आरम्भ किया। " भगवान् गणेश्वर ने मुझे सृष्टि की रचना का कार्य सौंपा था। पर उस विषय में मैं कुछ भी नहीं जानता था। तब मैंने





continued...

भगवान् से प्रार्थना की , प्रभो मैं सृष्टि के विषय में कुछ नहीं जानता तो उसकी रचना कैसे कर पाऊंगा ? " तब भगवन गणेश बोले , " सृष्टि का दर्शन करना है तो मेरे भीतर प्रवेश करो। यह कहकर उन्होंने अपने श्वास के साथ मुझे भीतर खींच लिया। उनके उदर में मैंने अनंत ब्रह्माण्ड के दर्शन किये। जिससे मैं भ्रमित हो गया और उनकी स्तुति करने लगा। तब भगवन ने अपने निश्वास के साथ मुझे बाहर निकाल दिया। बाहर आकर मैंने देखा तो वहा कोई नहीं था। मैं सृष्टि की रचना का संकल्प करने लगा। मुझे समस्त वेद -शास्त्र का ज्ञान हो गया। संसार में मेरे जैसा वेद का ज्ञान किसी को नहीं था। जिससे मन में अभिमान उत्पन्न हो गया। और वही मेरे कार्य में बाधा बन गया। सृष्टि की रचना करने में बाधाये उत्पन्न होने लगी। तब मैंने भगवन गणेश का ध्यान किया। इस विपत्ति से बाहर निकालने के लिए प्रार्थना की। उनके मंत्र का अनुष्ठान किया तब कृपालु भगवान गणेश प्रसन्न हुए और उन्होंने मुझे इस विपत्ति से बाहर निकाला। "

भगवान् गणेश के आशिर्वचन से मैंने सृष्टि की रचना का प्रारम्भ किया। कोई भी कार्य करने से पहले प्रथम पूजा श्री गणेश की होती है। तो उस कार्य में आनेवाली सारी बाधाएं दूर हो जाती है। जय गुरुदेव



Mrunal Kutumbale, Vadodara

A Commerce Graduate and Reiki healer from Reiki Vidya Niketan, Mrunal has contributed insightful articles to ReikiBrahma magazine and translated them into Gujarati and Hindi. A nature lover who enjoys reading and music.

Yamini Kutumbale, Vadodara

She is a Senior Test Analyst at Civica with 6 years of experience, She specializes in software testing and quality assurance. A Computer Engineering graduate, she is passionate about delivering product excellence. Yamini's love for reading, writing, and traveling reflects her vibrant personality and dedication to growth.



मधु और कैटभ का अन्त

DSPPL

कथाये विनायक की... - Part 8

- Mrunal
& Yamini
Kutumbale

पिछले अंक में हमने देखा ब्रह्माजी ने भी गणपतिजी की आराधना की। इस अंक में हम भगवान् विष्णु ने गणपतिजी की आराधना कैसे की वो देखेंगे।

ब्रह्माजी सृष्टि की रचना कर रहे थे। उस दौरान भगवान् विष्णु के कानों से मधु - कैटभ नाम के दो असुर उत्पन्न हुए। भूख से व्याकुल हो गए। खाने के लिए इधर उधर ढूँढने लगे तो ब्रह्माजी को देखा। उनको खाने के लिए उनके पीछे दौड़े। ब्रह्माजी ने भयभीत होकर योगमाया से निवेदन किया , " देवी, भगवान् विष्णु को जगा दीजिये। वरना ये असुर मुझे खा जाएंगे। " योगमाया की प्रार्थना से भगवान् विष्णु निद्रा से उठे।

ब्रह्माजी पर संकट की आहट से विष्णुभगवान ने अपना पाञ्चजन्य शंख बजाया। इस ध्वनि को सब ने सूना और भयभीत हुए। मधु कैटभ असुरोने भी सुना। वो सचेत हुए और उन्होंने भगवान् विष्णु को युद्ध के लिए ललकारा। विष्णुभगवान ने बहुत साल तक युद्ध किया पर उन्हें असुरो पर विजय न मिल सका।

जब उनका वश नहीं चला तो उन्होंने गंधर्व का रूप लिया और एक वन में जाकर वीणा के तार झंकार दिए। उनके संगीत से तीनों लोक मंत्रमुग्ध हो गए। कैलाशपति शंकर भगवान् ने निकुम्भ और पुष्पदंत को आदेश दिया इस संगीतज्ञ को लाने के लिए।

शिवगण उन्हें लेकर आ गए। गन्धर्व वेषधारी विष्णुजी ने उन्हें प्रणाम कर उनके अनुरोध पर वीणा के सुर छेड़ दिए। शंकरभगवान ने प्रसन्न होकर वर मांगने के लिए कहा। विष्णुजी बोले , " मधु कैटभ असुरों का सर्वनाश हो जाये यही वर दीजिये प्रभु। " तब शंकर भगवान् ने गणेश को प्रसन्न करने के लिए कहा, और इसकी विधि बताई। बाद में विष्णुजी ने गणेश भगवान की सौ वर्ष तक उपासना की। गणेशजी ने प्रसन्न होकर विष्णुभगवान को वर दिया। विष्णुजी अपने क्षेत्र में लौट गए। जहा उन्होंने मधु और कैटभ जैसे असुरों को युद्ध के लिए ललकारते देखा। उनके बीच भयंकर युद्ध हुआ। तब विष्णुजी ने मधु और कैटभ जैसे असुरों का संहार कर दिया। जहा विष्णुभगवान ने तप किया उस स्थान को सिद्ध क्षेत्र कहा जाता है। जय गुरुदेव!





श्रद्धा या समर्पण?

- Saurabh Malpani

एक गाँव में एक साधू महाराज रहते थे। साधू महाराज जहाँ भी जाते, नाम जप पर उपदेश देते थे। साधू महाराज की नाम जप पर अगाध श्रद्धा को देखकर कई लोगों ने उनसे राम नाम की दीक्षा ली। कुछ लोग तो उनके सानिध्य में रहकर ईश्वर का अनुग्रह पाने के लिए उनके शिष्य तक बन गए।

एक बार साधू महाराज शिष्यों को नाम की महिमा सुना रहे थे, तब उन्होंने कहा कि "अगर श्रद्धा हो तो राम का नाम जपने मात्र से मनुष्य सभी संकट से पार हो जाता है।" यह सुनकर साधू महाराज का एक शिष्य खुशी से उछल पड़ा। उसे तो मानो हर संकट से उबरने का रामबाण मिल गया। वह प्रतिदिन भिक्षा के लिए नदी पार करके दूसरे गाँव जाता था।

एक दिन की बात है। साधू महाराज का वह शिष्य भिक्षा के लिए जा रहा था। उस दिन दूर कहीं बारिश हुई थी, जिससे नदी में बाढ़ आई हुई थी इसीलिए नाविक ने ले जाने से मना कर दिया। तभी शिष्य को गुरुजी का वह उपदेश याद आया "राम का नाम जपने मात्र से मनुष्य सभी संकट से पार हो जाता है।" शिष्य ने सोचा "अगर राम नाम से सभी संकटों से पार हुआ जा सकता है तो नदी पार करना कोनसी बड़ी बात है?" लेकिन फिर भी उसे संदेह हुआ। कहीं डूब गया तो! उसने पहले गुरुजी से पूछना उचित समझा।

वह वापस गुरुजी के पास गया बोला "गुरुजी, आज तो नदी में बाढ़ आई हुई है और नाविक ने पार कराने से मना कर दिया। अब क्या करूँ?" गुरुजी बोले "कुछ नहीं! आज जल पर निर्वाह कर लेंगे।" लेकिन जल पर निर्वाह करना शिष्य को मंजूर नहीं था। उसने गुरुजी

से फिर पूछा "गुरुजी आप कहते हैं, 'राम नाम जपने मात्र से सभी संकटों से पार हुआ जा सकता है' क्या राम नाम से नदी भी पार हो सकती है?" गुरुजी बोले "अवश्य! श्रद्धापूरवक लिया गया राम नाम सभी संकटों से पार कर देता है। इसमें कोई संदेह नहीं कि नदी पार हो सकती है।"

फिर क्या था, गुरुजी की बात सुनकर शिष्य फिर से नदी की ओर चल दिया। शिष्य को पक्का विश्वास तो नहीं था कि वह पार हो जाएगा लेकिन फिर भी राम नाम की परीक्षा करने के लिए वह नदी में उतरा। उसने एक बार राम बोला और एक कदम आगे बढ़ा और कुछ नहीं हुआ। दो बार राम-राम कहा और आगे बढ़ा फिर भी उसे कोई प्रभाव नहीं दिखा। अब राम-राम बोलते-बोलते वह आगे बढ़ने लगा। पानी उसके गर्दन तक आ गया। अब उसने सोचा कि राम नाम बेकार है "ये केवल लोगों को उपदेश देने के लिए है।" गुरुजी तो झूठ बोलते हैं। इतने में एक बड़ी लहर आई और उसे बहा ले गई। शिष्य बिचारा गोते खाते-खाते किसी तरह किनारे लगा।

उसे गुरुजी पर बड़ा गुस्सा आ रहा था। उसने जाकर सारी आपबीती गुरुजी को सुनाई और गालियाँ देने लगा। शिष्य बोला "अरे ढोंगी पाखंडी गुरु! कोई मरे या जिये तुझे कोई फ़र्क नहीं पड़ता। कुछ भी अनाप-शनाप



श्रद्धा या समर्पण?

continued...

उपदेश बकता रहता है। आज तेरे उपदेश के चक्कर में मैं मरते-मरते बचा। ये ले तेरी कंठी माला, आज मैं तुझे पूरी दुनिया के सामने नंगा करूँगा।” गुरुजी शांत बैठे मुस्कुरा रहे थे। यह देखकर शिष्य गुस्से से लाल हो गया। “ मैं जा रहा हूँ गाँव वालों को तेरी असलियत बताने।” यह कहते हुए शिष्य फिर से नदी की ओर चल दिया। पीछे-पीछे गुरुजी भी चल दिए। जब नदी किनारे पहुँचे तो नदी उफ़ान पर थी। शिष्य नदी के किनारे पर बैठकर नदी के शांत होने की प्रतीक्षा करने लगा। गुरुजी किनारे पर रुके बिना नदी में उतर गए। जैसे ही साधू महाराज नदी में उतरे नदी ने रास्ता दे दिया। यह देखकर शिष्य दंग रह गया। उसे अपनी भूल समझ आ गई। वह पश्चाताप की आग में जलता हुआ नदी में कूद पड़ा। उस समय उसे जीवन की कोई परवाह नहीं थी ना ही अपनी कोई सुध ही थी। वह दौड़ता हुआ नदी पार कर गया और गुरुदेव के चरणों में गिरकर क्षमा याचना करने लगा। साधू महाराज ने उसे उठाया और गले लगा लिया। जब उसे सुध आई तो उसने पीछे मुड़कर देखा। नदी ज्यो की त्यों बह रही थी।

उसने आश्चर्यपूर्वक गुरुजी से पूछा “ गुरुजी! ये क्या रहस्य है? जब मैंने राम नाम जपा था तब नदी पार नहीं कर पाया और अब जबकि मैंने कुछ नहीं जपा फिर भी नदी पार हो गई। ऐसा क्यों?” गुरुजी बोले “ वत्स! सब श्रद्धा का चमत्कार है। नाम तो श्रद्धा को साधने का ज़रिया मात्र है। तुम राम कहो या कृष्ण, उससे कोई फर्क नहीं पड़ता। अगर श्रद्धा है तो तुम्हारा कोई भी नाम या विचार तुम्हें संकटों से पार कर सकता है और यदि श्रद्धा नहीं है तो सारे नाम बेकार है।”

गुरुजी आगे बोले “ जब तुम पहली बार नदी पार कर रहे थे उस समय तुम्हें नाम में श्रद्धा नहीं, संदेह था, लेकिन अब जब तुमने उसी नाम से मुझे पार होते देखा तो तुम्हे अपनी भूल का अहसास हो गया और तुमने अपने जीवन की परवाह किये बिना समर्पण कर दिया। यही श्रद्धा है।” श्रद्धा और समर्पण के साथ ही नाम की सार्थकता है।

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Graduate in Chemical Engineering with numerous curricular & extracurricular accolades and a couple of papers published in international journals. Passionate about teaching with an experience of 10 years in teaching Chemistry to JEE & NEET aspirants. Enjoys indulging in spiritual activities, football, chess, volleyball, reading and singing.



दुःखों का कारण

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- जयंती काटदरे

एक साधिका कई दिनों बाद अपने गुरु जी से मिलने आश्रम गई | उनके बातचीत में दुखों के कारणों पर चर्चा शुरू हुई | कई साधकों ने अपनी राय दी | पर यह जो भी अच्छा - बुरा हो रहा है वह सब हमारा ही है, यह जानकर भी हम दुखी या उदास क्यों होते हैं? यह बात उनकी समझ में नहीं आ रही थी | ऐसी कौन सी बात है जो हमें ज्यादा दुखी करती रहती है? इस बात पर विचार, चर्चा होने लगी | तब ही गुरु जी ने पूछा आज दोपहर के खाने में क्या है? तो किचन टीम ने कहा कि आज तो पाव-भाजी है | यह सुनकर सब खुश हुए | पर गुरु जी ने इस साधिका से पूछा "मानो अगर पावभाजी तुम्हारा खाना होने से पहले ही खत्म हो गई और उसकी जगह अगर लौकी की सब्जी बन गई तो तुम्हें खाते वक्त कैसा लगेगा, दुख होगा?" तो इस साधिका ने कहा "हां, क्योंकि लौकी पावभाजी जितनी टेस्टी नहीं होती |" गुरु जी ने हंस कर कहाँ "पर हम तो यहां प्रसाद के भाव में खाना खाते हैं ना तो फिर लौकी की सब्जी भी तो प्रसाद हुई | फिर?" उस साधिका ने कहा "हां पर अगर लौकी ही सबके लिए बनाया जाता है और पावभाजी की बात ही ना होती है तो ठीक है | सब लोगों को मिले और सिर्फ कुछ लोगों को ही ना मिले तो थोड़ा सा बुरा लगेगा ही |"

"तो इसका यह मतलब हुआ कि यहां हम दुसरो से तुलना करके बनाई हुई हमारी अपेक्षाओं के, मुताबिक न होने पर दुखी है?" गुरुजी ने शांति से पूछा | "और जो सामने आया है उसके बारे में स्वीकार कम पड़ रहा है?"

"हां ऐसा ही लग रहा है |" साधिकाने बताया |

"तो अब तुम अपना एक दिन याद करके देखना कि जब तुम्हें बार-बार दुख हुआ है | सोचो!"

"हां गुरुजी ज्यादातर मैं एक सोचती हूं और होता दूसरा ही है, या फिर जो अपेक्षाएं मैं रखती हूं उनके आलावा बार-बार कुछ अलग ही हो जाता है तो दुख होता है |" तो गुरु जी ने कहाँ "तुम्हारे जवाब में हमारे खोज का भी उत्तर है | दुख का एक कारण होता है हमारा अपेक्षाओं पर आधीन होना, जो आगे जाकर आसक्ती बन सकती है | जैसा मैं चाहती हूं वैसे ही होना चाहिए, यह सोचने का तरीका ही आसक्ती निर्माण करता है और यही हमारे दुःखों का मूल कारण बनती है | अगर हमने हमारी धारणाओं को बदल दिया तो दुःख के जखम आसानी से भर सकते हैं |"



साधक का कर्तव्य

DSPPL

- जयंती काटदरे

एक साधक थे। वह बहुत ही उदार, दयालु और खुद से पहले दूसरों के मन के बारे में सोचने वाले थे। पर जब हम रोज के जीवन में रहते हैं, तब हम हर एक के मन को नहीं संभाल सकते, यह बात उनके समझ में आ ही नहीं रही थी, और इस ही वजह से कई कोशिशों के बावजूद भी वह हमेशा दुखी रहते थे। सिर्फ बाहर के लोगों की ही नहीं बल्कि उनके परिवार के लोगोंकी अपेक्षाओं पर भी वह पूरी तरह से उतर नहीं पाते थे। इस बात को लेकर कई साल वह अपने जिंदगी से जुजते रहे। लड़ते रहे। घर के काम, नौकरी, रिश्तेदार आदि में उलझ कर वह खुदकी साधना भी नहीं कर पा रहे थे। एक दिन ऐसे ही उनके एक रिश्तेदार से इस साधक का कुछ विवाद हो गया। हमारे यह साधक को बहुत गुस्सा आया। उन्होंने भी उल्टा सीधा जवाब दे दिया। उसका परिणाम - रिश्ते में दरार आ ही गई। वह साधक को इस बात का बहुत दुख हो गया, "की इतने सालों के जान - पहचान के बाद भी मेरे अपने लोग भी मुझे क्यूँ नहीं समझ सकते? उनका मन संभालने के लिए लाख कोशिश करने के बावजूद भी यह गुस्सा और झगड़ा क्यूँ है? क्या नहीं किया मैंने? क्या मेरा मन, मेरा होना कुछ मायने ही नहीं रखता? क्या मेरा त्याग, मेरा समर्पण कुछ भी नहीं है?"

रोते- रोते वह अपने गुरुजी के पास गया। मन के सारे दर्द को उनके सामने हल्का किया। गुरुजी ने पुछा, "अब मुझे यह बताओ क्या तुम्हें दिल से यह लगता है कि हर बार तुम ही गलत और तुम्हारा रिश्तेदार ही सही है?" "नहीं बिल्कुल नहीं।" "तो फिर हर बार तुम ऐसी गलती की माफी क्यूँ मांगते हो जो तुमने की ही नहीं है?" साधक ने कहाँ, "मैं ऐसे करता हूँ ताकि मेरे घर में शांति रहे। रिश्ते अच्छे से बने रहे।" तो गुरुजी ने हंसते हुए पूछा, "तो क्या सब ठीक हुआ। घर में शांति बसी? एक तुम्हें छोड़कर क्या वह सब आपस में अच्छे से रहते हैं?" साधक ने कहाँ, "नहीं गुरुजी! उल्टा वह अपनी गलती मानने से ही इनकार करते है!" "मैं सही होकर भी उनकी नजरों में गलत ही रहता हूँ।" तो गुरुजी ने गंभीरता से कहाँ, "क्यूँकी वह रिश्तेदार जो सिख तुझे देना चाहते हैं वह तुम सीख नहीं रहे हो। तेरे जैसे बाहर के रिश्ते हैं उस से भी पहले तुम्हारा खुद से, खुद के शरीर, मन और पूरे अस्तित्व से जो एक गहरा नाता है उसको तुम बहुत तकलीफ दे रहे हो।"





साधक का कर्तव्य

continued...

"पहले तो खुद का आत्मसम्मान संभलना है। जैसे दुसरोँ पर अन्याय नहीं करते वैसे ही खुद भी अन्याय को नहीं सहना है।" यह मुख्य रिश्ते की तुमने उपेक्षा की है इसीलिए तुम्हारे जीवन से शांति चली गई है। दुख है। "पर गुरुजी मैं यह सब कैसे करूँ? अगर मैं उन्हें कुछ कहने जाऊँ तो वो सुनते ही नहीं। और माफी मांग लू तो मेरे साथ और ही अहंकारी बनकर पेश आते हैं।"

तो गुरुजी ने प्यार से कहाँ, "देख बेटा, हम इस जिंदगी में दुसरोँ में नहीं, खुद में अच्छा परिवर्तन लाने के लिए आए हैं। तुम खुद को बदलने की कोशिश करना। खुद के मन को, अस्तित्व को संभलना।" पर गुरुजी मैं यह कैसे करूँ? मेरी समझ में नहीं आ रहा है।"

"बेटा किसी को प्यार से दो-तीन बार समझाना वह तो ठीक है पर अगर सामने वाला समझने के लिए, बदलने के लिए तैयार ही नहीं है, तो हम क्या कर सकते हैं?"

"तो क्या हम सिर्फ देखते रहे? साधक ने निराश होकर पुछा। "बिल्कुल नहीं।" गुरुजी ने दृढता से कहाँ। "एक साधक को यह करना है जो उसका मूल कर्तव्य है, खुदकी साधना! तुम नियमित स्वरूप से खुदकी साधना करो और खुद को संभालो बाकी चीजें अपने आप हो जाएगी। रही बात रिश्तेदारों की तो उन्हें उनके कर्म पर छोड़ देना। हर एक का हिसाब स्वामी अच्छी तरह से जानते हैं। साधक किसी और को नहीं पर सिर्फ खुद को बदल सकता है और उसने वही करना चाहिए।"



CONSTITUTION OF INDIA

- **Kalpita Rakesh**

Path to Change (Article 19 – Fundamental rights)

Arjun sits on a park bench, observing the society he lives in. He sees garbage piled up in the corners, broken swings in the park, and children unable to play.

Arjun: (frustrated) "Why doesn't anyone care? This place is a mess, and no one seems to be doing anything about it! I have ideas to fix this, but I don't know where to start."

His friend, Maya, approaches.

Maya: "What's wrong, Arjun? You look upset."

Arjun: "I've been thinking about ways to clean up our society and fix the park. But every time I try, someone shuts me down. They say I'm just a kid. I feel so helpless."

Ms. Saanvi, a retired teacher known for her wisdom, overhears their conversation.

Ms. Saanvi: "Arjun, I couldn't help but hear your concerns. You remind me of someone who once had the same energy and drive to make a change."

Arjun: "I want to do something, Ms. Saanvi, but no one listens to me. What can I do?"

Ms. Saanvi: "You have a powerful tool in your hands—your **fundamental rights** under the Constitution. They can help you channel your ideas and energy in the right way." Article 19 of the Indian constitution gives every citizen certain freedoms that can help you bring about change:

1. **Freedom of Speech and Expression:** You can share your ideas with others.
2. **Freedom to Assemble Peacefully:** You can gather people who support your cause.
3. **Freedom to Form Associations:** You can create a group or team to work on your project.
4. **Freedom of Movement:** You can go anywhere in the country to learn or gather resources. You may choose to visit places who have successfully handled such situation in their vicinity by implementation waste segregation management.
5. **Freedom to Reside Anywhere:** You can choose to live in any part of the country for this purpose.
6. **Freedom of Trade or Occupation:** During your stay you have a right to buy a property or start an initiative that fulfills your purpose or supports livelihood.



THE CONSTITUTION OF INDIA

Understanding Constitution Part 10 (Article 19)

Ms. Saanvi hands Arjun a notebook and guides him with the implementation of this project. Arjun begins using his rights step by step, determined to transform his society.

- 1. Freedom of Speech and Expression:** Arjun creates colorful posters and a short video explaining his vision for a cleaner society. He shows the video to neighbors during evening gatherings, inspiring them to join his mission.
- 2. Freedom to Assemble Peacefully:** Arjun organizes a peaceful meeting in the park, gathering like-minded neighbors who are willing to help. Everyone discusses how they can contribute to the cleanup drive.
- 3. Freedom to Form Associations:** With the support of his friends, Arjun forms a group called "Clean and Green Society." The group's motto: "A cleaner space for a brighter tomorrow!"
- 4. Freedom of Trade and Occupation:** To raise funds for repairing the park swings and purchasing cleaning tools, Arjun and his friends set up a lemonade stand in the society. They donate all proceeds to their cause.
- 5. Freedom of Movement:** Arjun plans to visit his cousin, living in another state, during his vacation. His cousin's society has successfully implemented a waste management program, and Arjun is eager to learn from them.
- 6. Freedom of Residence:** Arjun stays with his cousin for a few weeks, observing and participating in their waste management practices. He learns valuable lessons on recycling, composting, and teamwork, which he documents in a notebook.

When Arjun returns home, he feels more confident and knowledgeable. With a clear action plan, he begins implementing his cleanup drive.

Over time, Arjun's efforts yield remarkable results:

- The society becomes cleaner, with organized waste disposal and recycling bins.
- The park swings are repaired, and children enjoy playing once more.
- Neighbors come together regularly to ensure cleanliness and maintenance.



Understanding Constitution Part 10 (Article 19)

At a community gathering, Arjun addresses everyone.

Arjun: "This change wasn't just my effort—it was ours. By exercising our rights responsibly and working together, we've shown that even kids like us can make a big difference."

The crowd cheers, and Ms. Saanvi smiles with pride.

Moral of the Story:

Article 19 empowers everyone with the freedom to speak, assemble, associate, and act, enabling meaningful change. However, with great freedom comes great responsibility. By exercising these rights responsibly, we can create a better and fairer society for all.

Kalpita Rakesh Vazhayil, Mumbai

A postgraduate in Inorganic Chemistry from Wilson College, has also completed a Postgraduate Diploma in Materials Management from IIMM and a Certificate Course in Foreign Trade. With over a decade of experience in logistics, her latest venture is Samruddhi Niryat, which aims at promoting health and sustainability through millets. A theater enthusiast who thrives on exploring and learning new fields.



Chemistry in Everyday Life

Science Experiment - 07

- Saurabh Malpani

Do you have old copper coins or utensils? Have you seen them becoming dull over time? Let's try and make them shine like before and understand the chemistry behind it!

Apparatus:

- Salt
- Small bowl
- Copper coins
- Vinegar

Procedure:

1. Put about a teaspoon of salt into a bowl.
2. Add about 50ml of vinegar and stir to dissolve the salt.
3. Leave the coins in the vinegar and salt solution for 5 minutes.
4. Take them out and compare them to other dull copper coins! You now have sparkling copper treasure!

Principle:

Why does vinegar clean coins? The reason copper coins don't stay shiny is that the Copper reacts with Oxygen in the air to form Copper Oxide, which is a dull greenish-grey colour. When you mix salt (Sodium Chloride) with vinegar (Acetic Acid), Sodium Acetate and Hydrogen Chloride form.



Hydrogen chloride is an acid which works well at rapidly cleaning the surface of the copper coin, leaving it beautifully shiny and removing the oxide. If the coin is exposed to the air again, it will quickly react with oxygen to form the dull greenish copper oxide layer. On a daily basis, we use पीतांबरी powder to make the copper utensil shine which is again based on the same principle!



Science Experiment - 07

continued



FUN FACT:

The Statue of Liberty is coated in a thin layer of copper which has turned green due to reactions with air and water. Now you know why the Statue of Liberty is green!

Unlock Your Voice

Part 01



DSPPL

A simple 5-article series for children, parents, and teachers — packed with easy public speaking tips, fun confidence-building exercises, and little motivational nuggets to encourage young speakers.

Why this series? In today's world, being able to speak confidently is super important. Whether it's on stage, in class, or with friends — knowing how to express yourself is a life skill you'll always use! **Let me begin with a short story...**





Unlock Your Voice

Part 01

What does this story teach us?

Sometimes, courage means trying something new — even if it feels a little scary.

Easy Ways to Start Speaking with Confidence:

- Look in the mirror, smile, and say your name out loud. You'll see how confident you can sound!
- Introduce yourself to a new friend or say a cheerful hello to someone in class.
- Practice simple sentences at home like, "My name is ___," or "I love reading books."

A Quick Breathing Trick:

Feeling nervous? Take a slow, deep breath in through your nose (count to 3), hold it (count 2), and gently breathe out through your mouth. It really helps calm your nerves before you speak!

Remember:

"Courage doesn't mean you're not scared. It means you speak up even when you are!"

Start with small steps. With practice, you'll feel stronger every time you speak. Because every big journey begins with a small, brave step — just like Mamma Cat!

~Janani Manu

Teacher Trainer and Public Speaking Coach for Children



Janani Manu, Bengaluru

A teacher trainer and public speaking coach for children, have been working with children for 15 years now.

Specialise in teaching with innovation and creativity 🙌🙏



DSPPL COMICS

Story: Komal Madam

Illustrations: Ashish

ONE DAY SAHIL COMES TO HIS MOM AND ASKS:

MOM, DOES GOD RESIDE WITHIN US? KRISHNA, BUDDHA, RAM .. WHO ARE THEY? DO THEY STILL EXIST?

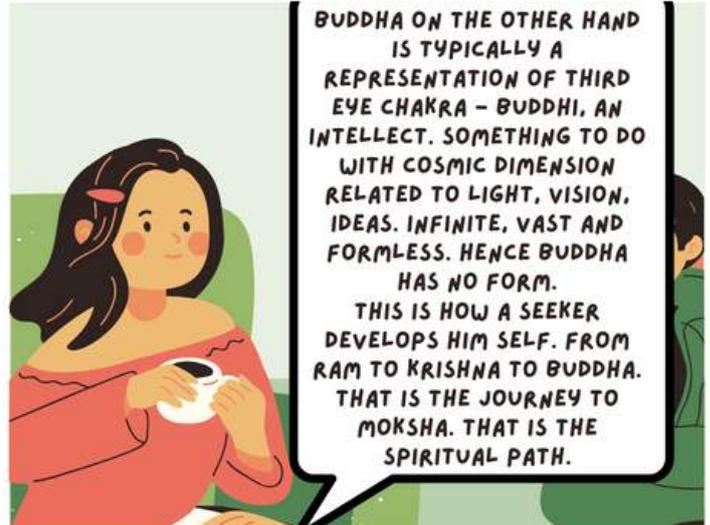
YES, THEY DO RESIDE WITHIN US, THEY ARE THE NAMES OF CONSCIOUSNESS THAT WE ALL ARE SUPPOSED TO EXPERIENCE DURING OUR LIFE SPAN.

HOW ARE THEY WITHIN US?

RAM HAS ALL THE TRAITS OF VAYU TATVA (THE WIND ELEMENT) WHICH BELONGS TO HEART CHAKRA WHICH PREDOMINANTLY SUPPLIES ENERGY TO THE RESPIRATION SYSTEM, WHERE THE SEAT OF SUPREME HUMAN EMOTIONS LIKE LOVE AND COMPASSION ARE SITUATED. WITHOUT VAYU AND WITHOUT LOVE HUMAN BEINGS CANNOT SURVIVE FOR LONG. SO IS RAM, THE VERY CENTRE OF HUMAN EXISTENCE, THE CORE.



DSPPL COMICS

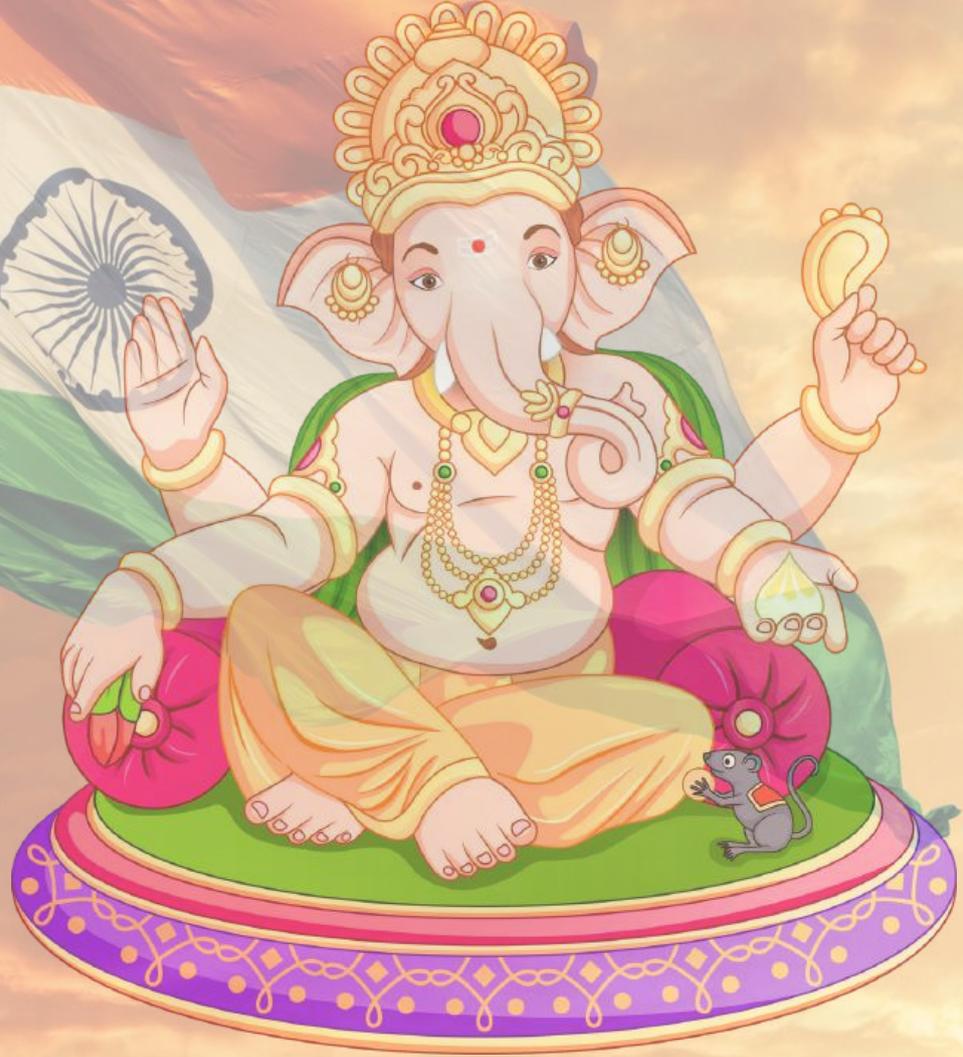


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